STEPPIN'OFF



THEPage



Approved by:



2 WALL - 96 COUNTS - BEGINNER/INTERMEDIATE				
STEPS	Actual Footwork	CALLING SUGGESTION	DIRECTION	
Section 1 1 - 2 3 & 4 5 - 6	Side, Together, Chasse 1/4 Right, Pivot 1/2 Right, Shuffle Forward Step right to right side. Step left beside right. Step right to side right. Close left beside right. Step right 1/4 turn right. Step left forward. Pivot 1/2 turn right.	Side Together Side Close Turn Step Pivot	Right Turning right	
7 & 8 Section 2 1 & 2 3 & 4 5 - 6 7 - 8	Rock & Cross x 2, Cross Back Side (3 Counts of Jazz Box), Cross Rock right to right side. Recover onto left. Cross right over left. Rock left to left side. Recover onto right. Cross left over right. Step right over left. Step back left. Step right to right side. Cross left over right.	Rock & Cross Rock & Cross Cross Back Side Cross	Forward Forward Right Back Right	
Section 3 1 - 2 3 & 4 5 - 6 7 & 8	Back, Side, Coaster Step, Forward Rock, Shuffle 1/2 Turn Left Step right back. Step left to left side. Step right back. Close left beside right. Step right forward. Rock forward on left. Recover back onto right. Shuffle 1/2 turn left, stepping - left, right, left.	Back Side Coaster Step Left Rock Shuffle Turn	Back On the spot Forward Turning left	
Section 4 1 - 2 3 & 4 5 - 6 7 & 8	Rock 1/4 Turn Left, Cross Shuffle, 2 Step 1/2 Turn, Cross Shuffle On ball of left turn 1/4 left, rocking right to right side. Recover onto left. Cross right over left. Step left to left side. Cross right over left. Turn 1/4 right stepping back on left. Turn 1/4 right stepping right to right side. Cross left over right. Step right to right side. Cross left over right.	Rock Turn Cross Shuffle Turn Turn Cross Shuffle	Turning left Left Turning right Right	
Section 5 1 - 2 3 - 4 5 - 6 7 - 8	Monterey 1/2 Turn Right x 2 Touch right to right side. On ball of left turn 1/2 right stepping right beside left. Touch left to left side. Step left beside right. Touch right to right side. On ball of left turn 1/2 right stepping right beside left. Touch left to left side. Step left beside right.	Touch Turn Touch Together Touch Turn Touch Together	Turning right On the spot Turning right On the spot	
Section 6 1 & 2 3 - 4 5 & 6 7 - 8	Kick Ball Step, Step, Touch, Kick Ball Step, Step, Touch Kick right forward. Step down on ball of right. Step left forward. Step right forward. Touch left toe behind right. Kick left forward. Step down on ball of left. Step right forward. Step left forward. Touch right toe behind left.	Kick Ball Step Step Touch Kick Ball Step Step Touch	Forward	
Section 7 1 - 2 3 & 4 5 & 6	Forward Rock, Shuffle 1/2 Turn Right x 2, Back Rock Rock right forward. Recover back onto left. Shuffle 1/2 turn right, stepping - right, left, right. Shuffle 1/2 turn right, stepping - left, right, left.	Right Rock Shuffle Turn Shuffle Turn	Forward Turning right Continued	





East To West (page 2)

2 WALL - 96 COUNTS - BEGINNER/INTERMEDIATE				
STEPS	Actual Footwork	Calling Suggestion	Direction	
Option 7 - 8	Replace shuffle turns with 2 back shuffles - right then left. Rock back on right. Recover forward onto left.	Back Rock	Back	
Section 8 1 - 2 3 & 4 & 5 - 6 7 & 8 &	Cross, Side, Sailor With a Dig, Step (x 2) Cross right over left. Step left to left side. Cross right behind left. Step left to left side. Dig right heel forward. Step down on right. Cross left over right. Step right to right side. Cross left behind right. Step right to side. Dig left heel forward. Step down on left.	Cross Side Sailor Dig Step Cross Side Sailor Dig Step	Left Right	
Section 9 1 - 2 3 & 4 5 - 6 7 & 8	Cross Rock, Chasse Right, Cross Rock, Sailor 1/2 Turn Left Cross rock right over left. Recover onto left. Step right to right side. Close left beside right. Step right to right side. Cross rock left over right. Recover onto right. Cross left behind right. Step right to right side turning 1/2 left. Step left to place.	Cross Rock Side Close Side Cross Rock Sailor Turn	Left Right Turning left	
Section 10 1 - 2 3 & 4 5 - 6 7 & 8	Cross Rock, Chasse Right, Cross Rock, Sailor 1/2 Turn Left Cross rock right over left. Recover onto left. Step right to right side. Close left beside right. Step right to right side. Cross rock left over right. Recover onto right. Cross left behind right. Step right to right side turning 1/2 left. Step left to place.	Cross Rock Side Close Side Cross Rock Sailor Turn	Left Right Turning left	
Section 11 1 & 2 3 - 4 5 & 6 7 - 8	Chasse Right, Back Rock, Kick Ball Cross x 2 Step right to right side. Close left beside right. Step right to right side. Rock left back. Recover forward onto right. Kick left forward. Step left slightly back. Cross right over left. Kick left forward. Step left slightly back. Cross right over left.	Side Close Side Back Rock Kick Ball Cross Kick Ball Cross	Right Back Left	
Section 12 1 & 2 3 - 4 5 & 6 7 - 8	Chasse Left, Back Rock, Kick Ball Cross x 2 Step left to left side. Close right beside left. Step left to left side. Rock right back. Recover onto left. Kick right forward. Step right slightly back. Cross left over right. Kick right forward. Step right slightly back. Cross left over right.	Side Close Side Back Rock Kick Ball Cross Kick Ball Cross	Left Back Right	

Choreographed by: Larry Hayden (UK) March 2006

Choreographed to: 'Coast To Coast' by Modern Talking (130 bpm) from CD America The 10th Album

(32 count intro - start on vocal as beat kicks in).